

# FIRBANK SWIM SCHOOL PROGRESSION

**LEARN TO SWIM**

PRE SCHOOL



CONFIDENT 1



CONFIDENT 2



CONFIDENT 3



ADVANCED

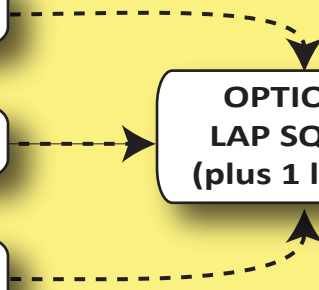


STROKE DEVELOPMENT



PRE SQUAD

OPTIONAL  
LAP SQUAD  
(plus 1 lesson)



DISTRICT DEVELOPMENT

JUNIOR DEVELOPMENT

DISTRICT SQUAD (14 YRS +)

JUNIOR GOLD

STATE DEVELOPMENT

SENIOR DISTRICT

STATE SQUAD

NATIONAL SQUAD

**SCHOOL LEVEL  
NON COMPULSORY CLUB MEMBERSHIP**

**EXTERNAL SWIM MEETS  
COMPULSORY CLUB MEMBERSHIP**